

# Minor in

## **COURSE OVERVIEW**

# **Minor in Possession**

- Available in workbook
- Available in eLearning

ITEM # W 125



# **COURSE DESCRIPTION**

The course intervenes in the faulty thinking processes that allows minors in possession to possess and use illegal substances.

Most people don't become fully cognizant until age 25. This lack of self-awareness and proper thinking is a major contributor to minors in possession and their problems. Unlawful use of drugs and alcohol are just symptoms of deeper faulty thinking errors. The goal of this course is to help minors get through this stage in their life and become responsible adults. If we never change faulty thinking, we can never change faulty behavior.



## **LEARNING OBJECTIVES & SKILL DEVELOPMENT**

- Self-awareness
- Decision-making skills
- Identify and overcome rationalization
- Drug and alcohol education



#### RECOMMENDED USES

- Self-Directed—Student does most of the course work independently with a peer or mentor
- **Group**—To be completed in a group setting with a facilitator
- **Hybrid**—Combination of self-directed and group instruction
- Blended Learning—Combination of online & offline curriculum



# CRIMINOGENIC NEEDS MET

- 1. Antisocial cognition
- 2. Antisocial companions
- 3. Relationships
- 4. Substance abuse



# **COURSE INFORMATION**

Course Format: eLearning and Printed Workbook

eLearning Length: 168 Slides Scientific Model: Cognitive Restructuring Author and Publisher: ACCI Lifeskills

Item Number: W 125 Workbook Pages: 24 Course Length: 6-8 hours



# **COURSE CONTENT**

#### **UNIT 1: BRENDA**

Life is a space of time to make correct choices.

#### UNIT 2: SE'MION

Casual use can lead to addiction.

# **UNIT 3: CAPTIVITY VS FREEDOM**

Growth or decay is a choice!

#### **UNIT 4: DRIVING**

A recipe for disaster.

#### **UNIT 5: COGNITIVE THOUGHTS**

Be careful what you think; you could be wrong!

#### **UNIT 6: SKILLS FOR LIFE**

Ten life skills to improve the quality of life.

#### **UNIT 7: LEADING & MANAGING LIFE**

Proactive vs. reactive.



# **PURCHASE OPTIONS**

- 1. License to reprint
- 2. Individual courses
- 3. Customized eLearning platform
- 4. Parent enrollment
- 5. School referral



# **eLEARNING ACTIVITIES**

- Self-assessments
- Scenario-based learning
- Application and skill building
- Self-reflection
- Role playing
- Discussion with coach
- Focused journaling

