



COURSE OVERVIEW

Theft/Shoplifting

- ✓ Available in workbook
- ✓ Available in eLearning

ITEM # W 139



COURSE DESCRIPTION

This cognitive restructuring course intervenes in the faulty thinking processes that allow crimes of moral turpitude to take place.

Teenagers keep pushing the boundaries to see how far they can go while still getting away with it. This course challenges the cognitive domain while offering solutions in the affective domain. Like all cognitive restructuring courses, this course was designed to create cognitive dissonance as students' criminal values clash with accepted society values. Shoplifting or theft is just a symptom of deeper issues.



LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Pro-social mindset
- Overcoming criminal justification
- Positive decision making
- Understanding and appreciation for societal laws



RECOMMENDED USES

- **Self-Directed**—Student does most of the course work independently with a peer or mentor
- **Group**—To be completed in a group setting with a facilitator
- **Hybrid**—A combination of self-directed learning and group instruction



COURSE INFORMATION

Course Format: eLearning and Printed Workbook

eLearning Length: 650 Slides

Scientific Model: Cognitive Restructuring

Author and Publisher: ACCI Lifeskills

Item Number: W 139

Workbook Pages: 48

Course Length: ~8 hours



COURSE CONTENT

UNIT 1: BEGINNINGS

Shoplifting starts in the beginning, not the middle.

UNIT 2: THEFT

There are no excuses, just consequences.

UNIT 3: THOUGHTS = CONSEQUENCES

Change your thoughts, change your life.

UNIT 4: GROWTH VS DECAY

One is nurturing, the other is vengeful.

UNIT 5: FINDING SUCCESS

Change yourself first, then influence others.

UNIT 6: AVOIDING ANGER

Either you control or you are controlled.

UNIT 7: SKILLS FOR LIFE

Life is a mirror; what you reflect out, you get back.



CRIMINOGENIC NEEDS MET

1. Antisocial cognitions
2. Antisocial companions
3. Antisocial personalities



LEARNING ACTIVITIES

- Self-assessments
- Scenario-based learning
- Application and skill building
- Self-reflection
- Role playing
- Discussion with coach
- Focused journaling